

REPRODUCTIVE RIGHTS GUIDELINES

EXECUTIVE ORDER #14101 BY PRESIDENT JOE BIDEN

ON CONTRACEPTIVE DRUGS AND PHARMACOLOGICAL DEVICES.

The Office of Personnel Management (OPM) recommends that FEHB plans cover at no cost all contraceptive drugs and devices in the 17 categories identified by the Health Resources and Services Administration (HRSA) and approved by the U.S. Food and Drug Administration (FDA).



For this purpose, we are sharing important information with you:

- OPM Contraception webpage:
 - Contraception Coverage ([opm.gov](https://www.opm.gov))
- Reproductive Rights Guidelines:
 - <https://www.opm.gov/healthcare-insurance/healthcare/contraception-coverage/>
 - <https://reproductiverights.gov/>
- 24-Hour Exception Process (attached document to be completed by your physician)
- Learn about the 17 contraceptive categories established by HRSA (1) sterilization surgery for women, (2) implantable rods, (3) copper intrauterine devices, (4) intrauterine devices with progestin (all durations and doses), (5) injectable contraceptives, (6) oral contraceptives (combined pill), (7) oral contraceptives (progestin only), (8) oral contraceptives (extended or continuous use), (9) the contraceptive patch, (10) vaginal contraceptive rings, (11) diaphragms, (12) contraceptive sponges, (13) cervical caps, (14) condoms, (15) spermicides, (16) emergency contraception (levonorgestrel), and (17) emergency contraception (ulipristal acetate)
- If a member has any difficulty accessing their contraceptive coverage or other reproductive care services, they may contact OPM at the following email:
 - contraception@opm.gov

