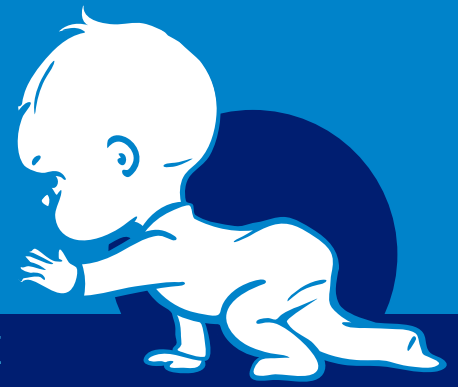


WELL-CHILD VISITS



PREVENTIVE VISITS FOR CHILDREN 0 to 15 MONTHS OF AGE

Preventive visits carried out during the first fifteen (15) months of the infant's life are known as Well-Child Visits (W15).

IMPORTANCE OF PREVENTIVE VISITS

- Prevent and manage health conditions on time.
- Evaluate deficiencies in the early development.
- Establish routines suitable for the care of your child's physical, social and emotional health.

SOME SERVICES IN THE PREVENTIVE VISITS ARE:

- **Prevention:** vaccination, physical evaluation, oral assessment and education about factors that can be health risks such as: nutrition, environment, safety at home and in school, among others.
- **Education:** You can see how much your child has grown since the last visit and talk to the doctor about his physical development. Achievements/progress, his social behavior and learning are also discussed.
- **Orientation:** Make a list of the concerns that you want to talk to the pediatrician, such as: time of sleep, nutrition, relationship with other members of the family, among others. This will help you get the most out of the consultation.

- **Follow-up:** Regular visits create close and trusting relationships between the pediatrician, parents and children; thus, they all can take care of the needs identified.

VISITS SCHEDULE

We recommend at least six (6) preventive visits with the pediatrician for your child within the indicated time period.

- First week visit (from the first 2 to 5 days)
- 1st month visit
- 2nd month visit
- 4th month visit
- 6th month visit
- 9th month visit
- 12th month visit
- 15th month visit

REMEMBER!

The preventive visit must include:

- Health history
- Physical development history
- Mental development history
- Physical examination
- Health Education /Orientation in advance

Realize preventive visits beginning from the birth of your child are an excellent opportunity to detect and prevent health problems.



For more information, please call the Preventive Management Unit at **787-277-6571**.



BlueCross BlueShield of Puerto Rico



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