

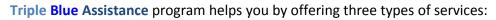
## **News**letter

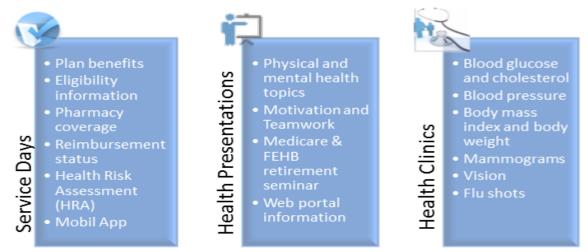
## July 2015

Federal Employees

## **Triple Blue Assistance:** Our signature of Endless Quality

Triple Blue Assistance is an innovative program designed to take customer service into a higher level. Triple for Triple-S, Blue for Blue Cross Blue Shield and Assistance is what characterizes our service. Through this program, our federal members will be able to receive the customer service they deserve. Learn about different health topics, and start a health checkup without having to leave your workplace. These services are coordinated with the Health Benefit Officer from your agency, and what is best: services are completely covered for the employees! This program has been in place since 2012, and its improvement is our signature of Endless Quality.





This year the **Triple Blue Assistance** program has assisted many federal agencies. The following are some of the coordinated activities:

- Medicare and FEHB retirement seminars
- FEHB plans presentations: Web portal information, Mobile app, Preventive Care Centers, 2015 New Benefits
- Physical health presentations: Nutrition and The importance of physical activity
- Mental health presentations: Stress Management, "Oil for your lamp", "Happiness in your workplace"
- Spa Day
- Completion of Health Risk Assessment (HRA) and informative tables
- Health Clinics in the Triple-S Salud Mobil Unit
- Mammograms clinics

We thank all the federal agencies that have supported the **Triple Blue Assistance**. For more information, you may contact your Health Benefit Officer.





