

Triple Blue Assistance: Our signature of Endless Quality

Triple Blue Assistance is an innovative program designed to take customer service into a higher level. **Triple** for Triple-S, **Blue** for Blue Cross Blue Shield and **Assistance** is what characterizes our service. Through this program, our federal members will be able to receive the customer service they deserve. Learn about different health topics, and start a health checkup without having to leave your workplace. These services are coordinated with the Health Benefit Officer from your agency, and what is best: services are completely covered for the employees! This program has been in place since 2012, and its improvement is our signature of **Endless Quality**.

Triple Blue Assistance program helps you by offering three types of services:

 Service Days	<ul style="list-style-type: none"> • Plan benefits • Eligibility information • Pharmacy coverage • Reimbursement status • Health Risk Assessment (HRA) • Mobil App 	 Health Presentations	<ul style="list-style-type: none"> • Physical and mental health topics • Motivation and Teamwork • Medicare & FEHB retirement seminar • Web portal information 	 Health Clinics	<ul style="list-style-type: none"> • Blood glucose and cholesterol • Blood pressure • Body mass index and body weight • Mammograms • Vision • Flu shots
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This year the **Triple Blue Assistance** program has assisted many federal agencies. The following are some of the coordinated activities:

- Medicare and FEHB retirement seminars
- FEHB plans presentations: Web portal information, Mobile app, Preventive Care Centers, 2015 New Benefits
- Physical health presentations: Nutrition and The importance of physical activity
- Mental health presentations: Stress Management, “Oil for your lamp”, “Happiness in your workplace”
- Spa Day
- Completion of Health Risk Assessment (HRA) and informative tables
- Health Clinics in the Triple-S Salud Mobil Unit
- Mammograms clinics

We thank all the federal agencies that have supported the **Triple Blue Assistance**. For more information, you may contact your Health Benefit Officer.

